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The Power of a Reunion

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A reunion can only be said it is a reunion, only after, there was a separation for a specific time in some point in life, no matter the circumstances. There are many forms of reunions, however, the most commonly known are those related to high school years, where most of us where teenagers and moved from that stage of life to tertiary level institutions. Other common forms of reunions are those of members of family clan, who has spent some time apart for some unknown reasons in their lives. During the times spent apart from the people we knew when we where younger, there are series of events which all of us have encountered, lessons learned, decisions we made, whether good or bad and which has managed to change our lives forever.

Depending on your current life circumstances, there is power in a reunion, which can be observed when there is attention paid to series of events and details. Reunions help in self reflection and circumstances of other series of events, which must have generally taken place in ones life. There are many things we missed due to lack of observation and appreciation of what it means to be alive and thrive at the same time. It can help one observe whether he or she has been unhappy about other aspects of his or her current life. After that observation, it is up to the person, to reflect and identify a way forward to self happiness and only if he or she was unhappy at the time.

The people we have not seen in a long time, can help us see and observe what has been ignored during the time of his or her absence. This can be guided by the virtue of the feelings that one would experience in the presence of that particular person. The feelings determines the state of the situation in the presence of that person. Whether it is a teacher whom one disliked and has done things which left one distorted for life, or a family member, who has committed gruesome deeds which one wishes to forget or a person whom he or she fell in love with and never gotten over it or gotten a chance to explored that love.

Reunions brings about critical decisions which can help one recognise between, what is been right or wrong. This can provide one with an opportunity to start over and live his or her life according to the way it was fantasised at a young age or something which was just meant to happen, but did not. Reunions are very critical in life and should not be ignored at any given time. To some, it can serve as a healing process or a closure to what was thought to be a problem and it could be discovered that it was not at all a problem. It can help people move on with their lives and feel fulfilled.

Reunion can also be part of saying goodbye to a person, who could be about to pass on in this life, and one could get to hear, talk and see that person for the last time. A union is powerful, whether is for the greater good or bad, hence there are many forms of them in our societies today, through many media platforms. To date, people still plan reunions after some time apart and most of them make a great deal about it, including to an extend to buy new clothes or prepare for the whole year to improve their lives, so that he or she has something positive to say about their lives since last seen.

The choice to a way forward is yours after the reunion. Its either you take the power it comes with, or you take whatever you needed from the event. The fact is, it comes with self-introspection, whether good or bad.

